

REIT '88...

# YOUR RECOVERY

CONCEPTS OF  
RECOVERY  
& TRAPPOINTING



Back ... stretched ... tired! There helpdes ... ?

Well, friend, you can do-oh no some recovery know-how.

Here's a load of old, reliable recovery tricks for you. But first, here's your recovery legend!

**WINCHING, SPRAWLING**—that's what you have when you leave your rigging ... tilted. Backs, ankles ... when you leave how to set-up rigging to recover your pulling power.

**CHOCK**—device your rigging's power to the trapped load.

**BLOCK**—they change the direction of pull, and multiple your pulling force. There's the main one. Back (see note—Block)—the cable through it and the weight block (it still opens up to take the cable).

They come in various shapes and sizes, and are called single, double, or triple, which tells how many sheaves (spaced pulleys) a block has ... how many lines it can take. That is.

The main line you rig by the biggest your mechanical advantage will be, sure. You'll still take it like with most pulls with two or more lines, pulling is possible, the total pulling power adds up to the sum of the forces (see what's lost through friction in the blocks).

**BLOCK**—Cable for rope, and blocks rigged-up for pulling or lifting in your tackle. The ball-valve/rigging line are usually identified this way.

Any part of the cable between the recovery-power and the block is a fall line, falls between blocks is a support line. Cable between blocks and the anchor, and between the blocks and the load are dead lines. A dead line is usually called the weakest part of a rigging—since it takes the greatest amount of strain.

The tackle advantage or a load depends on the number of lines supporting the load. That is ... one line gives you a 2-to-1 advantage, three lines a 2-to-1 advantage, four lines a 3-to-1 advantage, a single line is a direct pull.

**TRIPPING LINE**—a slack line. It's used to steady a suspended or moving load.

**ANCHOR**—that your recovery-power is given when you're pulling. You may have the ready-made kind like the Salomon ground anchor set, or an iron, stump, a log-bush, rock outcrop, or even the nearest and cheapest thing which'll give you a strong hold.

2 54 6  
 1000 lbs  
 1000 lbs

# MUSCLES

1000 lbs  
 1000 lbs

## YOUR PULLING FORCE

The force your vehicle puts on a load, is often expressed in foot-ponds, and it's figured by multiplying a specified force (pull you're applying) times a specified distance over which the pull is applied.

That's right, foot-ponds. It's a little different from pounds.

Two feet in the wind adds .....	2 ft
The weight shifts on the load moves forward .....	1 ft
Four wheel line pull is .....	1000-lb.
The weight shift increases your wheel's pull to .....	4000-lb.
1000 pound weight line pull is 2 feet of line weight is equal to 2000 foot-ponds.	
Just 4000 pounds is 1 foot equal 4000 foot-ponds.	

Just one more thing... the big fat by-word in any railway job is CHECK-AND-CHECK-CHECK. Our only ones here and another, and re-check your vehicle before you apply any power.

SEE A FULL SIZE GUIDE TO THE RAILROADS  
 GET A COPY OF THE 1964-65 RAILROAD  
 VEHICLE RECOVERY OPERATIONS.

## Single Wheel Wrecking

With rope, the lever, and a jack handle (piece of pipe, or steel you can pull out an old TV, 1 1/2-in. truck), slip the handle through the hole in the end of the axle flange, and hook the lead to the hole with a figure-eight knot. Tuck your foot and run the truck in reverse until the



Wheel from Ditch

If it has a front wheel and you can collect enough rigging to the vehicle, a truck that's gone all the way can pull itself out by winding itself backward. It takes one double and three single snatch blocks and the usual strong sections. Anchor the first single block a short way in front of the truck, the second one off to the side (away from the truck), and the third single block to pinch back on the rear of the truck. Anchor the double block a short distance to the rear of the truck.

Run the winch cable first through the block in front of the truck, through the one on the side, through the double block to the rear of the truck, through the one on the jack's back, and again through the double block, then across the cable to the rear of the truck.



### Try This Out

Use an extra strong pulley, or linkers, for levers, and some more power can get out a truck that's gone head-first into a concrete ditch. Hook the lever on something sturdy (log, stump, etc.). By the lever make the longer for the first lift, if you'd be. Hook up vehicle after first lift, using the lever first for under the wheel and get up again. The size of the block, length of the lever, and pulling power are some of the things that decide the time you'll have to wrap the lever.





When you're without mechanically mechanical power, it is 24 hours as a rope provides a sturdy pull. Put all the rope on one side of the rope, and keep the line from getting loose. To get the rope all the way underneath another one end of the rope is line with the load. Attach a single snatch block to the hook. Run the rope from the anchor through the block and to the rope.

**STOP WORK  
FOR 100%**

**WORK  
SAVES 100%**



To lift a wheel out of a deep hole, drive a log to the wheel. Run the hook clearly on the log grip, the wheel will roll up. The pulley block, have the wheel blocked and the hole filled with rocks or blocked with a log before you remove the log from the wheel.

#### WITH THE WRECKER

FOR MORE INFO, VISIT US AT [www.100percent.com](http://www.100percent.com). We have a lot of information on how to use our products. Call us at 1-800-875-1000.



First, though, before you do anything, with any kind of tackle, choose the best road (or hard ground), if possible) for your wrecker, and, also, if possible, use the wrecker for a straight pull on the load.

Dig your holes for the wrecker's ground spades, lower the spades into the ground, and then back the wrecker back till the spades are well dug in.

With any recovery vehicle—when digging spades in near the crest of a hill or on an embankment or on soft ground, bury a heavy log ahead of the spades, and then make the log with pickets. Run make a strong mental note of this. You can see where the recovery vehicle and crew might end up if the spades don't grab a good hold.

Lock the wrecker's wheels (or the electric brake hold), and also block 'em with logs, rocks, chocks, or what-have-you.

## BASIC HOOK-UPS

These hook-ups are OK for a wrecker, tow truck, or recovery vehicle, and, properly put together, they'll help you recover just about any wheeled or tracked vehicle that's worth making trouble.

**The Two-Point Line**—This is your simplest hook-up. Just attach a snatch block to the lead by your winch cable to the block on the load and then secure the cable on the towing vehicle.



**Three-Point Line**—This gives you a better pull. It takes two snatch blocks. One at the lead and one at the wrecker. Your winch cable goes first through the snatch block on the lead, then back through the snatch block on the wrecker, and again to the lead where you secure it.



**Four-Point Line**—This one's for your greatest pull. It calls for two snatch blocks, one at the lead and one at the wrecker. The winch cable goes first through one sheave of the snatch block on the lead, back through the snatch block on the wrecker, through the second sheave on the snatch block, and then back to the wrecker for recovery.



## ANGLE PULL

When you can't engage your recovery power for a straight pull on the lead, you have to line-up an especially good anchor in the direction the load must move, and find the best possible stand for your wrecker, and anchor it there—dig in the rear quills, and anchor it by its front winch, if need be.

Attach a snatch block to the anchor in line with the lead, and another one on the load. Run the rear winch-cable first through the block on the anchor, then through the block on the load, take the cable through the block on the anchor again, and then return it to the load and secure it.



If you have an angle post pull to move them one direction you can add a snatch block on the fall line.



When everything and everyone out of the angled area when the cables are under stress. Kidder knew how to move the logs, but when that happens the cable's steady alignment can easily slip through forests, trees, equipment, and anything else within its reach. To pull a spot at least ten feet away to the length of the post-and cable for any obstruction or any baggage you may've had in school.

### THE "V" RIG

Suppose a truck goes head-first into a narrow canyon ... if its engine runs, and if it has a winch, the truck can recover itself with the aid of an Arkansas.

1. Get two strong poles with eyes for your feet staked to form an Arkansas, and rig a snatch block to the post. Two steel poles instead of fibering, and it looks as mean as a bear.

2. Dig in the Arkansas (they're called steel legs) ahead of the log bumper, but dropped away from the back. The legs should spread out some 5 to 6 feet, and be dug in about 12 to 13 inches.



AND BE CAREFUL  
OF YOURSELF!  
IT'S NO JOKE!



3. Run the truck's winch cable to the ground block on the A-frame and then secure the cable on the truck's bumper.

4. Tie a working line from the frame joint to a nearby anchor. Secure the line to the working line assembly. It has to be loose enough to allow the frame to be lifted slightly, and taped over the truck's hood as the truck is lifted up.

1. Tie it to the truck and the truck's winch. Keep the truck. Then back up slowly. When you're up the load's head and cable is away from the truck, cut both the rig.

#### ANCHORING TRAY

A disabled truck can also winch itself forward using the A-frame. Dig the frame in so it leans over the truck's hood. Attach a new chain from the frame's joint to the truck's bumper. Run the winch line through a snatch block anchored nearby, in front of the truck, and bring the cable back and tie it to the joint of the A-frame. As you gear to cable the frame will lift up making the truck's hood and with it. Tug on the frame and pull the truck on out.



If the disabled truck has a dead engine and no winch it can be pulled out with another truck and the help of an A-frame.

Dig in the frame, or below, but dig this time away out in front of the truck. Run the other truck's cable to the A-frame joint (think it above the joint) and then attach the cable's end to the disabled truck's front bumper.



USE A FRAME  
TO PULL A TRUCK  
OUT OF A RAMP  
OR DITCH.

And, here is in any recovery job, "safety comes first." Use strong poles for shore logs, dig 'em in good, another or hitch the pulling truck carefully, and prepare the area as well as you can (dig or fill around the road truck, or chain or ramp truck walls if it's help to smooth out the pull).



DO NOT  
RELY ON THE SAFETY  
OF A FORK LIFT  
TO PULL A TRUCK  
OUT OF A RAMP  
OR DITCH.

### WHEELS UP

Recovery work always takes longer... but sometimes more than others. Like when one of 'em goes all the way over, or lands on its side.

The safety, and to avoid further damage, this wilderness calls for two separate operations. First, it's best to get the vehicle right-side up again, and then you set-up to haul it out. Also, it takes two sources of power. One to roll the vehicle over, another for holding it to check a weak landing as you pull it over.

With an upside down wheeled vehicle the recovery job usually means two riggers for the wheels... or loop it from riggering over... and plenty of chocks.



**Also, with any overpowered vehicles, watch for spilled fuel. Mark off a "no-smoking" area before you get down to the engine working.**

It takes a lot of time to pull your truck out the first, but with care you can roll your way with few recovery hassles.

1. The safest place to tie up to a situated vehicle is always to the frame. Not pulling from one point on the frame can bend it. In it's best to use a sling, the first step is to cut 1/2-in. apart or one year two chains to make the sling. You tie it to the frame side that's in the air. Be sure not behind the front bumper, and the other end shows the spring-end bearing where the frame is strong.



2. Tie on a second sling at the same point on the first, for the holding lines that'll come the truck's drag on it with care. Good holding lines will help prevent damage to suspension, wheels, etc.). Power for these lines can be the front ends of another vehicle, or strong ropes twisted around trees.
3. The ground's condition, as always, has a lot to do with your other preparations for the job. For example, you may have to fill in, dig out, or otherwise repair the spot where it's to hold up-right.
4. Soft ground, on the other hand, will help you hold the truck as you start to pull it out. If you're on hard ground, though, the truck may get able with the pull. Holding lines from the party's back, trees or towing rope, to trees, sticks, or another vehicle, should do the trick for you here.



5. After you've righted the truck you'll likely have to reposition the wheels before you hook-up your trailer to pull the truck out.

## HOOKING A TRUCKED VEHICLE



After you straighten the pull line, use your strap hook to hook the cable ahead, damaged cable, or a flat. Well, you can still get away.

USE YOUR STRAP HOOK



USE YOUR STRAP HOOK

Well, straighten your head is light, and the cable line, try this. Use a 1/2 or 3/4 inch truck line in strong points, it be 8 feet long, and at least 4 inches in diameter. Lead the cable to the frame with a few chains or heavy wire, and connect the ahead. Then you will be fast ahead ahead and you can come out unknown. It might be rough getting a start, but once you get moving it'll give you a fair ride for a good time.

Use a flat strap or strap hook—hook the line over ahead, and hook the cable to the frame with a few chains or heavy wire. Take care your rigging doesn't hurt the truck head. Remove the ahead and you're on your way.

USE YOUR STRAP HOOK

There's one you need for dangerous situations. It's simple, fast, and it's helpful in an emergency, but it's not as safe as you'd want it under normal conditions (I like, with a new hat).



USE STRAP HOOKS - THEY WORK BETTER!

**ONLY.**



Use two lag chains. Put one chain around the bumper of the small truck, and then through the wrecker's pinch hook. Wrap the other chain around the truck's bumper and then up to the wrecker's hook.

As you lift and lower the boom you lift the truck's front end, and you can hold it so it won't ram the wrecker as you drive away.

Always use two lag lines, or be lured, it's best to stop and check the vehicle first, for any special towing instructions, before you make your tie-up.

### WRECK AND MOVE WITH ANCHORS



Then, if you're near the right kind, make dandy anchors. If there aren't any healthy, good-sized trees nearby, you can tie on to two or more smaller ones. But, whichever kind you use always tie your lines close to the base of a tree where it can take the most strain. If you have to use several smaller trees loop your line around them and adjust the line so the pull is even on all the trees.



If you're pulling with the front winch you can hook up to a good tree and tie the truck's pinch hook to the tree. Or, better the front, or the rear, of your recovery vehicle against one or two trees for a firm, or rock, winching job.

Lay a heavy log across the front wheels of the pulling vehicle and chain the log to the front bumper. This way pulling is called a "bump pull".



ILLUSTRATION

ANY OTHER TIME A TRUCK OR BUS GETS STUCK, YOU CAN USE THIS METHOD.



IF THE TRUCK IS A TRUCK ...  
GIVE THE TRUCK A TUG



Sink a strong log in a deep trench, and tie on to it. You need a T-shaped wood, and the entire site ground the deeper the trench should be. Make the

well which will take the pull stay away from the load. The log of the T is an upward slanting one to take the cable. And the longer and deeper the slot the stronger and stronger the pull will be on the log.

A good rule-of-thumb for digging the cable slot is four-to-one. If the log trench is four feet deep, the cable slot should run out at least 16 feet.

Then make the ditchman with strong pickets and place a another log under the cable where it comes out of the trench.



THE CABLE AND LOGS TO GET ...

THE STRONGEST LOG TO HOLD THE PULL ON END.

DO IT YOURSELF

When you're in real need (it won't hold a ditchman) your best bet is a sand parachute. Line a really big hole with the heaviest tarp you can find, then fill the tarp with sand. Pull the tarp corners together, and stretch your anchor line to-the-point.

For a stronger hold, tie the anchor cable to a spare wheel or any other heavy object that's handy and bury it under the parachute. With the cable under-

ground, though, you'll need a pathway for the cable, like with the big dead-man, and also a log under the cable where it comes out of the trench. With this set-up you needn't bother tying the tarp corners.

#### FOR LIGHT ANCHORS



#### PICKET HOLDING

Strong wooden pickets (about 3 feet long and 3 inches in diameter... of oak, if possible) make good anchors. Drive a row of pickets into the ground, about 2 to 3 feet apart, and loop these together with rope... from the top of the line to the bottom of the next, and so on down the row. With a strong silk, cross the rope between the pickets, then make the silk line the ground so the rope'll stay tight.

For a stronger anchor, make two or three pickets close together in a tight group, bind them with rope, then loop the rope from that set of pickets to the next. You can combine sets of pickets and single pickets in a row, if need be.

The holding-power of a picket holding depends a lot on the strength of the line (or anchor) picket. So two or three pickets (a group) stuck close together and bound tightly below, they're roped to the other pickets in your holding, are better when you're anchoring for a heavy pull.

#### TWO SET BEYOND PICKET



#### MAKE ONE SET GROUP



Tie the anchor cable to a heavy log, and make fast to six strong pickets right in front of the log. Lead the tops of the pickets to another row of pickets. (It's best to have another 1' behind the log.)



HOW TO BRING ANCHOR UP



If you're fresh out of trees, let's hope somebody while pulling down on you has you a Holmes ground anchor set. This ready-made, portable, fold-flat is a set of six metal anchors (frames and cables). You simply stake the frames to the ground to make your anchor, and you can set up as many frames as you need. The cables should be driven so their tops are only 6 to 8 inches above the frames.

When you're done with the anchor, the cables may be a bit stubborn about breaking loose, but in fair ground a solid blow at the base should do the trick. If it doesn't, though, don't haul off and hit them sideways at the top . . . that'll bend 'em. When they're really stuck fast use the worker's crane to pull them out safely. Pull 'em straight up, and over at a time.





When your worker is sitting on hard ground (that, off the wall, you can dig in its rear wheels for building power). Make a straight embankment across the rear to block the pull, and fit a slight

trap in front to let you back in and pull out easy like.

That's about it. Some of these ideas should help you get loose—even by yourself, if you have to.



DON'T FORGET!  
 MAKE EMBANKMENTS  
 THE LAST THING  
 YOU DO.



So, don't forget, your equipment's TM and your driver's TM (TM 21-305 for the wheeled vehicle driver and TM 21-306 for the tracked vehicle driver), which are always handy to you, also show you in no stone field recovery situation.

IF YOU SHOULD HAD TO  
 RECOVER YOURSELF OR ANOTHER  
 PERSON FROM ANY OF THE  
 TRUCKING SITUATIONS  
 LISTED ABOVE, YOU  
 SHOULD HAVE YOUR  
 TRUCKING AND TRACKING  
 TMs WITH YOU AT ALL  
 TIMES. THESE TMs  
 WILL HELP YOU  
 RECOVER YOURSELF  
 OR ANOTHER PERSON  
 FROM ANY OF THE  
 TRUCKING SITUATIONS  
 LISTED ABOVE.

